

# Labs

**Disclaimer:** This guide refers to using the Element Matrix clients, [Element Web](#) or [Element Desktop](#) apps

## Accessing Labs

You can change your Matrix account settings by clicking your profile icon in the top left of the Element client. By default, this will be a colored circle with the first letter of your Matrix ID. From the presented drop-down menu, you'll be able to jump into specific settings straight away, or access [All Settings](#). Clicking [All Settings](#) will take you first to [General](#) settings, click [Labs](#) in the vertical navigation menu on the left to open the [Labs](#) page.

**Info:** The below setting layout / order may change in subsequent client updates, however generally most settings will still perform the same function.

## Labs

Settings

General

Appearance

Notifications

Preferences

Keyboard

Sidebar

Voice & Video

Security & Privacy

Sessions

Labs

Help & About

Upcoming features

What's next for Element? Labs are the best way to get things early, test out new features and help shape them before they actually launch.

Video rooms

BETA

A new way to chat over voice and video in Element.

Video rooms are always-on VoIP channels embedded within a room in Element.

Join the beta

Joining the beta will reload Element.

How can I create a video room?

Use the "+" button in the room section of the left panel.

Can I use text chat alongside the video call?

Yes, the chat timeline is displayed alongside the video.

Notification Settings

BETA

Introducing a simpler way to change your notification settings. Customize your Element, just the way you like.

Join the beta

The Labs sections contains experimental options you can turn on to test out new / upcoming features. It is not recommended to enable Lab options unless you are happy to accept enabling of beta functionality.

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